

'From the same source I have not taken'

Acknowledgement and list of thanks

We wish to extend our sincere gratitude to all of the participants who contributed to the project:

Film 'The worth of the water (when the well is dry)':

Javier Calderon
Paolo Guidi
Katherina Harlow
Emily Motto
Jessica St James
Jerome Toole

Direction : Byzantia Harlow in collaboration with Orlando Cubitt
Cinematography: Suresh Kara
Dressing and make-up: Rhiannon Rodgers
Music Score: Johnston Sheard

The score includes a song, "Tomorrow will soon be today", composed by Johnston Sheard with lyrics written in collaboration with Harlow, and vocals by Sheard, Harlow and St James.

Special thanks to Paolo Guidi and Katherina Harlow for the use of High & Over as a location for the film shoot.

Performance 'What endures, no blame':

Joanne Deligeorges
Rhiannon Rodgers
Jessica St James

Sonic accompaniment: Johnsnton Sheard
James Lacey

Presentation of the performance :
Stuart MacDonald aka Dr. Stu
Resonance FM 'Naked Short Club' host

Objects of significance

Each participant of the film has a genuine interest in, or experience of, spiritual groups or alternative communities. They were asked to bring an object of personal significance to be worn or to be used during the filming to contribute to the meaning of the performance being filmed.

Javier Calderon

'My objects were handmade incense and Mexican Copal wood, which I burned to perform a healing ritual for the group on the day.'

Paolo Guidi

'The sun and moon 'Chair of Conjunction' from my art furniture series 'Alchymia'. The conjunction is the first phase of alchemical union when the opposites unite at the start of the Great Work that results in the Rebirth. My family were early scholars and alchemists, held a large library the annals of which date back to 6th of aramaic, greek, latin, and other ancient texts at Poppi. We also founded monastic scriptoria where these were copied and disseminated to other scholars/libraries. Alchymia was a nod to my roots and family and the importance of knowledge and safe repositories. The destruction of Cultural Texts in Iraq, Afghanistan, Timbuctoo, Palmyra, Syria etc only heighten the message of Alchymia. We need the alchemy of connuntio in modern politics and social cultural development. Sadly my optimism in making alchymia has been replaced by nihilistic despair.'

Byzantia Harlow

'My significant object was a yellow crystal, which was given to me by someone and I feel is a protective totem.'

Katherina Harlow

'The 18c gold cup made by my husband Paolo Guidi to celebrate the four hundred years of human settlement on Bermuda. It is engraved with a quote of poetry and is a shared family piece. A ceremonial drinking cup for important family occasions births, deaths, marriages. Made for me by my husband because my family were from the second ship of families who emigrated to Bermuda, which was the founding of the colony.'

Emily Motto

'I was wearing a ring given to me from my Nonna (my Italian grandmother), and a simple plain pewter ring that I hammered myself.'

Jessica St James

My special objects are my tattoos, which are protection spells and lessons I keep learning and forgetting

Jerome Toole

'I was wearing a set of mala beads, buddhist prayer beads. They were bought for me by a friend who is a practicing buddhist. It's a bracelet of wooden beads with one larger, green pea or bean. For me, it's a reminder of stillness and of the truth recognised in buddha's teaching. It also reminds me of my friend's journey, which I played a part in and makes me happy.'